



From The Desk of Principal

"Dear students,

It gives me immense pleasure to bring forward the first edition of our college e-magazine Rustic Spectrum . The innovative ideas and hard work of all have brought this digital publication to life. I commend the efforts of all in embracing technology to showcase the excellence of our college students .Let this e-magazine be a platform for creativity, expression, and collaboration, reflecting the diverse talents of our students as well as faculty members .

Dear students, This is just a beginning, our e magazine Rustic spectrum will prove to be a creative platform, which was the much awaited and long time requirement of our college. With the launch of inaugural issue, a long journey of knowledge, creativity and abundance will start and take our students to new heights with their writing skills, as you all embark on the journey of writing articles for your college magazine, remember that your words have the power to ignite young minds, spark the change, and inspire others. Each article you have written for the magazine is an opportunity to share your unique perspective, knowledge, and creativity with the others. Take full advantage of this chance to make a difference, to provoke thought, and to leave a lasting impact on your peers and the community. Your words are the voice of our college, so write with full passion, and pride. Together, let us showcase the ideas that illuminates the essence of who we are and what we stand for. Congratulations to all involved in making this inaugural issue a success!

I extend my best wishes to the team of E magazine for the success of future publications .

Archana Soota Principal

## Editorial Ensemble



#### Right to Left Row 1

Mrs Manya Bhola , Mrs Rajshree , Dr Bharat Bhushan Dr. Meenakshi, Mrs Sarita

#### Row2

Dr Sushila Lamba , Mrs Archana Soota , Dr Mahesh Kumar Mrs Ekta Rani

> Row 3 Nidhi , Tamanna , Sona<u>m</u>



'रस्टिक-स्पैक्ट्रम' पत्रिका एक दर्पण के समान है जो छात्रों के कोमल भावों, विचारों और रचनात्मकता के प्रतिरूप को दिखाती है। इस पत्रिका का मुख्य प्रयोजन विद्यार्थियों की सृजनशील, साहित्यिक प्रतिभा का विकास करना है। ज्ञान की ज्योति को प्रबल व प्रखर बनाने का एक सफल व सशक्त माध्यम है- रस्टिक स्पैक्ट्रम पत्रिका l इस दिशा में अनेक विद्यार्थियों ने अपनी रचनाएँ देकर इस पत्रिका को सुसज्जित किया है, हो सकता है कुछ रचनाएं स्तरीय न हो परन्तु फिर भी उनका प्रयास सराहनीय है ।

संपादक की 🛛 🖌

प्रिय पाठको !

मानव जीवन अत्यन्त अनमोल है और इसमें विद्यार्थी जीवन का अपना महत्व है । इसे यूं ही व्यर्थ गवां देना सर्वथा अनुचित है । विद्यार्थी जीवन में प्रत्येक का कुछ न कुछ लक्ष्य होना आवश्यक है। इसलिए हमारा प्रथम कार्य तो अपने लक्ष्य को पहचानना है और उसे कभी ओझल नहीं होने देना है। लक्ष्य की प्राप्ति हेतु तीव्र इच्छा शक्ति का होना भी अनिवार्य है। अर्थात**ः** इच्छा शक्ति इतनी प्रबल होनी चाहिए कि हम आलस्य को त्यागकर लक्ष्यप्राप्ति के लिये उचित कदम उठा सके। आप अपना लक्ष्य तय कीजिए, अपने ठोसकदमों पर विश्वास कीजिए और उस लक्ष्य तक पहुचने के लिए किसी कर्मठ महापुरूष को आदर्श मानिए आपके कदम अपने लक्ष्य तक पहुँचने में पीछे नहीं रहेंगे।

> पथ स्वयं खुल जाएगा, तुम पकडलो कोई दिशा । उजाला ही उजाला मिलेगा, भोर बन जाएगी निशा ।

वर्तमान युग प्रतिस्पर्धा का युग है और इस प्रतिस्पर्धा के युग में हर विद्यार्थी जीवन रूपी दौड में जीतना चाहता है और इसके लिए वह हर संभव प्रयास करता है। इसलिए अपने ध्येय को पाने के लिए एक उचित और सुसंयोजित 'जीवन-शैली' को अपनाना होगा और विद्यार्थी जीवन के सभी नियमों को पालन करना होगा। जैसा कि संस्कृत में उक्त है-

> काक चेष्टा बकोध्यानम् श्वान् निद्रा तथैव च । अल्पाहारी ब्रह्मचारी**,** विद्यार्थी पंच लक्षणम् । ।

अंत में, मैं महाविद्यालय परिवार के सभी सदस्यों को उनके सहयोग के लिए धन्यवाद देना चाहूंगी। जिन्होंने इस पत्रिका के माध्यम से अपने विचार अपने साथियों के साथ बांटे। इसके साथ ही जिन विद्यार्थियों की रचनाएँ इस पत्रिका में स्थान नहीं पा सकी उन्हें निराश नहीं होना चाहिए और अपने भावों और विचारों की लौ को लेखनी के माध्यम से दीप्त करते रहना चाहिए ताकि आगामी अंक हेतु उपयोगी सामग्री जुटा सकें।

> डॉ सुशीला लाम्बा प्रधान सम्पादिका



## **Message to the Youth**

It is said these days that modern India is a young and vibrant nation. India is sure to occupy a distinguished position in the comity of nations in the days to come. No doubt, the future of India rests in the young hands of India.

Swami Vivekanand created a stir in the U.S.A. with his thought-provoking ideas and intelligent speeches. He used to say that give me a hundred Nachiketas and I would bring about a revolution all over the globe. As a matter of fact, he was totally true to his sense of purpose and determination. You can do wonders, if you are true and dedicated to the cause you aspire to. But you are living in a fool's paradise if you do not have a wishful thinking. After all, there is saying that beggars would ride, if wishes were horses. We all need introspection. Please go deep into meditation and study your own self.

Why do you expect miracles? First deserve then desire. Your daily diary exposes you miserably. You never realize the importance and urgency of your precious time. After all, time is money. It is the most precious gift of nature to us. We often misuse and spoil our precious time either in sleeping or gossiping. We always misuse our mobile. Our energy is always wasted in filthy talks and superfluous things. It can do wonders, if we are determined to make positive use of this bounty of nature.

How many of us are aware of good personality and intelligence? Mahatma Gandhi, Abraham Lincoln and many others did not get up one fine morning to become great.

#### "Height by great men reached and kept Were not attained by sudden flight They while their companions slept Worked hard and toiled at Night"-

#### **HW Longfellow**

As a matter of fact, we are our own enemies. We are very careless and negligent but aspire to be great. It is never too late to mend. All that glitters is not gold. One should appreciate the good values of life. If wealth is lost, nothing is lost. If health is lost, something is lost. If character is lost, all is lost. So, chalk out a good programme right now. Devote full attention to your precious time, read good personalities. Please pay due attention to your personality and intelligence. Adopt Yoga. Action thy duty and reward is not your concern.

Dr. Sushila Lamba HIndi Department



## मन आज खुश है, कैसा अपशकुन है

मन आज खुश है , कैसा अपशकुन है

मन आज खुश है , कैसा अपशकुन है ..... अँधेरा ही अँधेरा , हर गली सुनसान है गुज़री हो मौत जैसे , ये बस्ती वीरान है आस हर टूट गयी , उम्मीद भी अब छूट गयी अभी तो आया था सपना ख़ुशी का , और नींद ही टूट गयी क्षितिज पार मंज़िल है लहरें भी शांत है, घोर मझधार में , पतवार टूट गयी

कल इन गलियों में रौनक थी , पेड़ों पर चह - चहाट थी आज पसरा है सन्नाटा , बस सिर्फ मौत की आहट है खामोश दिल में , न जाने क्यों फिर से घबराहट है

पर यकीन है , मंज़र बदलेगा मन सुन्दर उपवन में , ये 'बंजर' बदलेगा बिन पतवार कश्ती मंज़िल पर पंहुचेगी पेड़ों पर चह - चहाट , गलियों में रौनक लौटेगी और आज गुमनाम है "अनाम" , तन्हाइयों में ये दुनिया एक दिन ढूंढेगी

मन आज खुश है , कैसा अपशकुन है .

भारत भूषण "अनाम"

वाणिज्य विभाग

#### College Students: Catalysts of Economic Growth

College students hold the potential to significantly influence India's economic growth. As future professionals, entrepreneurs, and leaders, they bring fresh perspectives and innovative ideas that drive progress in various sectors. Through their studies, they gain critical skills and knowledge that enhance their employability and productivity, directly contributing to the nation's workforce.

Engaging in internships and part-time jobs, students gain practical experience and develop a work ethic that benefits industries. Their entrepreneurial ventures, often born from campus projects, lead to the creation of new businesses, fostering job creation and economic diversification. Additionally, college students' involvement in research helps solve real-world problems, promoting technological advancements and sustainable practices.

By participating in community service and social initiatives, students address societal issues, improving the quality of life and economic stability in their communities. Their advocacy for policies that support education, innovation, and entrepreneurship further drives economic growth.

In essence, college students are not just preparing for their futures but are actively shaping the present economic landscape of India. Their energy, creativity, and commitment make them vital contributors to the country's development and prosperity.

#### Dr. Sidhanshu Department of Economics



## प्रकृति व जीवन सौन्दर्य

जीवन ईश्वर व् प्रकृति की सर्वश्रेष्ठ कृति है। पृथ्वी पर जीवन का आविर्भाव सदैव से ही भिन्न भिन्न विचारधाराओं का द्वंद रहा है। भौतिक व् जैविक तत्व प्रकृति के दो मौलिक तत्व माने जाते हैं । प्रकृति के दोनों तत्वों का आपसी तालमेल ही जीवन व मानव जीवन का सृजन करता है तथा मानव के जीवन को संवारता है

। मानव की आवश्यकताएं सदैव ही असीम व परिवर्तनशील रही हैं तथा मानव अपनी तमाम आवशयकताओं को प्रकृति के भौतिक परिवेश से प्राप्त करता है। लेकिन आज मानव अपनी इस न थमने वाली दौड़ और द्वंद मे फंस गया है तथा प्रकृति व

मानव जीवन के इस अनूठे सौन्दर्य को भूल गया है। प्रकृति मनुष्य को तमाम आवश्यक वस्तुएं ही प्रदान नहीं करती है बल्कि मातृत्व रूपी आश्रय भी प्रदान करती है। मानव के लिए प्रकृति से बढ़ कर कोई गुरु नहीं ,क्योकि आज तक मानव ने जो भी कुछ हासिल किया है, प्रकृति से सीखकर ही किया है। न्यूटन जैसे महान वैज्ञानिकों को प्रकृति ने ही कई सबक पढाये हैं। मनुष्य जब - जब प्रकृति से खिलवाड़ करता है तब -तब प्रकृति के द्वारा क्रोध रूपी बाढ़ , सूखा , अकाल आदि आपदाएं मानव के समक्ष आती हैं। अतः प्रकृति के साथ इस सौन्दर्य का आनंद लें, अनावश्यक छेड़ छाड़ न करें। यही

\_जीवन का 'आधार' है l

## Dept. of Geography

#### The Magic of Physics: Unveiling the Mysteries of the Universe

Physics is often regarded as the cornerstone of scientific knowledge, unraveling the mysteries of the universe from the smallest particles to the vastness of space. For college students, delving into the world of physics can be an exhilarating journey of discovery and innovation.

Imagine exploring the concept of quantum mechanics, where particles can exist in multiple states simultaneously, defying our everyday understanding of reality. This field has not only revolutionized our

comprehension

of the micro-world but also paved the way for cutting-edge technologies like quantum computing, which promises to solve problems beyond the reach of classical computers.



On a more tangible level, physics is integral to developing sustainable energy solutions. Understanding

principles of thermodynamics and electromagnetism is essential for harnessing solar power, improving battery technology, and advancing nuclear fusion research—key areas in addressing global energy challenges.

Moreover, physics fosters critical thinking and problem-solving skills. It encourages students to approach problems methodically, analyze data rigorously, and apply mathematical concepts to real-world scenarios. These skills are invaluable, transcending academic boundaries and preparing students for diverse career paths in science, engineering, technology, and beyond.

In essence, physics is not just a subject; it's a gateway to understanding the fundamental principles that govern our world. Embrace the magic of physics, and embark on a journey that will expand your horizons and inspire endless curiosity.

Dr. Meenakshi Department of Physics

## **THROUGH THE**





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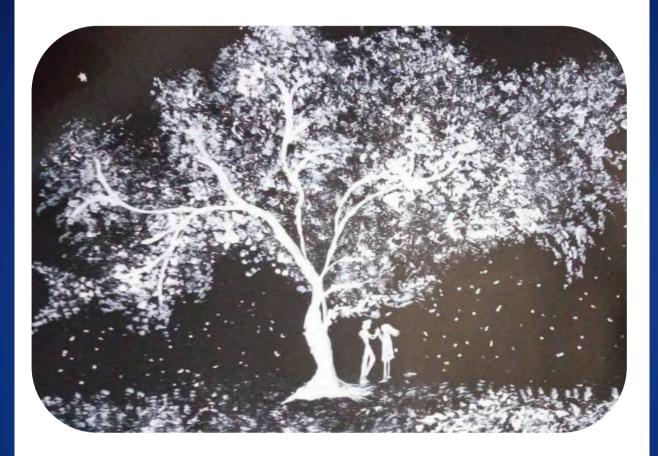
#### WOMEN EMPOWERMENT: THE NEED OF SOCIETY "The status of Women Depicts Social, Economic & Mental condition of Nation" (Jawaharlal Nehru)

Women empowerment is crucial for a balanced and progressive society, ensuring equal opportunities, rights, and respect for women, leading to overall growth and harmony. According to UN Women and UNDESA reports 2023 If current trend continues over 340 million years women and girls i.e. 8% of world's female population will live in extreme poverty by 2030. 48.4% of the Indian population is female, so by leaving women behind, our nation can't achieve its goal of becoming a \$5 trillion economy. Although our constitution is embedded with many articles to safeguard women as well as it also empowers the state to do positive discrimination in favor of women like seat reservations etc. but still women contribute only 18% to GDP of nation which is very low. In the early Vedic period women were respected and enjoyed high status in society. During this period women were allowed to have positions of power, so they played a role in decision making. Women were allowed to have Swayam Var [selecting their own husband]. Unmarried women attended school so that they could read Vedas correctly. are various reasons for deteriorating condition of women in present time. Segregation of work like mopping=women, earning=men, made women weaker: socially, politically, economically by putting the shackles of domestic work over their dreams, aspirations. Sometimes women themselves become the culprit of their own situation by accepting all the atrocities happening with them as their destiny without fighting for their rights. The term women empowerment basically means that women become powerful enough to control their life themselves and can actively participate in society in alloforms whether socially, economically, politically or culturally without any barrier. The first and the foremost step for women empowerment is financial independence. For this, women must develop a suitable and separate income source for herself because presence of resources in her hand will increase her role in decision making. Property ownership makes women financially strong. Education is a must to elevate women's position. A woman needs to be self-conscious about her rights, powers, and also about the practices harming her and should learn to fight back against these practices. Women are never weak, they are made weak by society by enforcing social, cultural and traditional norms over them. And women also weakened themselves by accepting all these norms without any guestion. As men and women are two wheels of a chariot so if one grows and other lags behind the nation can't thrive.

> "There is no chance for the welfare of world unless the condition of women is improved" Swami Vivekanand)

**Priya B.Sc.** Session 2021-2**2** 

## SERENITY



"Serenity is not freedom from the storm, but peace amid the storm."

> Manisha kumari B.Sc .(2019 -2020)

#### "Resilience in future : Navigating College without Regret"

The Journey through failure can sometimes stretch longer than anticipated, leading to questioning our choices and path in life. Failure is a formidable teacher, often leaving a lasting impact on our lives.

My journey began with a Continuous setback in a competitive exam (IIT-JEE) that extended not just for a year but for two years during college (1st Partial drop year, and 2nd Partial drop year). This prolonged period of disappointment and uncertainty cast a shadow on my

aspirations, leading me to neglect the opportunities awaiting me in college because I was not being able to dedicate myself fully to college. Looking back, I realized how this phase of continuous setback/failure and subsequent regret shaped my perspective and taught me profound lessons.

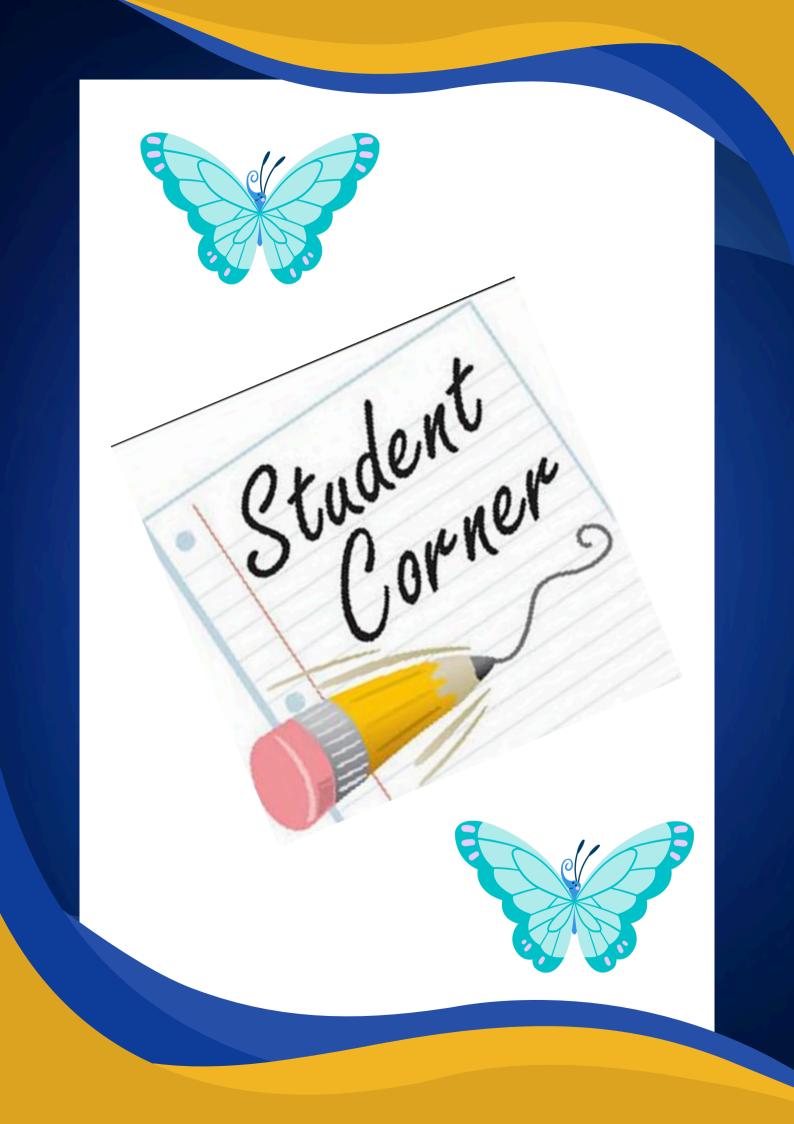
The first lesson I learned was the importance of resilience in the face of adversity. Enduring failure for an extended period tested my resilience and determination. It taught me to persevere despite facing repeated setbacks, to keep striving for my goals with unwavering commitment. This resilience became my aim shielding me from selfdoubt and giving me the strength to face challenges. Moreover, prolonged failure taught me the value of time management and prioritization. I tried balancing between preparing for the exam and fulfilling my college responsibilities. While it was a challenging juggling act, it taught me valuable skills that are essential for success in any endeavor.

Another lesson that I learnt was the value of introspection and self-discovery. As I grappled with repeated failures, I embarked on a journey of self-reflection. I questioned myself and analyzed my weakness and sought ways to improve. This process of introspection not only enhanced my self-awareness but also led to personal growth and development. However, amidst the lesson learned, there was a period of regret. A lot of time spent dwelling and lamenting on what could have been lost and feeling remorseful for neglecting college. It was a phase of profound realization, understanding the gravity of not seizing the present moment and allowing regret to consume a significant part of my life. This regretful phase was not without silver lining. It taught me the value of time and the importance of living in the present. I learned that dwelling on the past or worrying excessively about the future only hinders our ability to fully experience and appreciate the present moment.

Yet, it is undeniable that the regret of not fully experiencing college life weighs heavily. I missed out on opportunities for personal growth building lasting friendships and engaging in extracurricular activities. However, this regret serves as a reminder of the present moment and making the most of every opportunity that comes our way

Nishant

**B.Sc.** 



## "गांव की धरती: प्रकृति का स्वरूप"

गांव की धूप में खेलते बचपन के खिलौने, छोटी-छोटी नदियों की गहरी धारे। पेड़-पौधों की छाया में बिताए दिन, उनमें ही छुपी अनगिनत कहानियाँ हमारे यहाँ ।

माता की ममता, पिता का साथ, गांव के हर रास्ते में बसी वो मीठी बात । खेतों की हर बूंद, पर्वतों का विशाल रूप, सब कुछ है इस गांव की शान, इसका स्वरूप।

प्राकृतिक सौंदर्य से सजा हुआ यहाँ, हर एक प्रांगण में बसा है राम का नाम। वन्य फूलों की खुशबू, पशु-पक्षियों का गान, गांव की ये धरती, है स्वर्ग से कम कहाँ । ?

सूर्योदय से पहले, चिड़ियों की चहचहाहट, स्वर्गीय आभा में रंगी है हर एक गांव की चाहत । प्रकृति की बाहों में लिपटा यहाँ का हर जीव, गांव की मिट्टी में बसी वो मीठी सी शीतलता है नींव ।

गांव की धरती, हम सभी की माता, उसके बिना हमारा जीवन है अधूरा, है अफसोस बहुत सारा। प्रकृति से रिश्ता हमारा, गांव से ही है वो शुरुआत, इसी धरती की गोद में हम सब हैं विश्वासित।

गांव की खुशबू, प्रकृति की सवारी, हमें याद आता है जब भी, वो सुहाना गाँव हमारा । इस प्रकृति से प्रेम में, छिपा है हमारा सारा सौंदर्य, गांव की धरती हमारी, है हमारी आत्मा का प्रेम पत्र ।

मनवर सिंह बी.ए. प्रथम वर्ष (द्वितीय सेमेस्टर)





## आगाज़

वार कर, प्रहार कर, दुश्मन तेरे नाम से हिल जाए, ऐसा काम कर, ज्योति सी ज्वाला जला, भुजा उठा दुश्मन पटक । रक्त में हो धड़क-धड़क । धनुष उठा, दुश्मन को हार का मजा चखा । हिरन सा तेज भाग, अग्नि सा तेज दहक । सिंह सी दहाड़ कर, शंख सी पुकार कर, श्वान् जैसी निंद्रा रख । तू चाहत रख आसमां की, चांद पर भी नज़र रख । रख हौंसला तू अपने अंदर इतना, ना मिले अगर आसमां तुझे, तो तू चांद का हकदार बन | बगुले जैसा ध्यान कर, काक जैसी चेष्टा कर । तू रहे न रहे संसार तुझे याद करे, तू ऐसा काम कर । तमन्ना की कविता कहे, राम ना सही तू, अपने दौर का इंसान बन, तू इंसान बन

## तमन्ना कक्षा बी.ए. तृतीय वर्ष



## **Effects of busy life**

Everyone is so busy with their lives. Nowadays, everyone is just involved in their work and have no time for their family or relatives. It's true. Everyone seems busy. Many people feel that they are too busy and trapped in it. They also feel that they are not able to change it and remain in a constant state of unhappiness.

I recently noticed that even parents do not have time for their children because of workload. Is it right for children and parents' relationship? No

Due to this, most children are drawn towards social media. Now, they also have no time for their parents. Busy schedule of life can ruin all our relationships- even parent and children's relations.

According to research, excessive work has serious consequences such as increased stress, frustration, anxiety, depression, loneliness and

hopelessness. It is very dangerous for us and for our future generation. Staying busy can destroy our health, our relationship, and our physical strength. It impacts our ability to maintain healthy relationships.

I am a college student and I like to keep myself busy in my life but also feel bored because of the same routine. But the fact is that daily I am learning new things and face some new challenges which develop my ability to think widely. I have also made a timetable that creates a balance between my- studies, my family and other work. This kind of scheduled routine is a necessity.

I am not against doing work. I think everyone should work hard and contribute to the nation's development. And I understand that busyness is a necessity, but it should be limited. If we are more and more busy, we tend to lose important things.

> Don't get so busy making a living..... That you forget to make a life....

#### Ekta

**B.Sc. 2nd year** 

# QUOTES

"Do not wait to strike till the iron hot but make it hot by striking" :-William b sprague

"I walk slowly but I

never walk backwards

Abraham Lincoln

"Learning never exhausts the mind" Leonardo da vinc

"You must be the change you wish to see in the world" :-Mahatma Gandhi

"Always remember that you are absolutely unique. Just like everyone else" - Margaret mead

**Compiled by** Mahek **B.A 2nd Year** 

In this life we can not

do great things . We can only do small

things with

great love" · Mother Teresa

### गाँव और शहर

नकली चेहरे है गांव में भी, मगर उनकी है सच्ची आँखें भी. शहर के भीतर के शोर से है आटा चक्की की पुक - पुक अच्छी, गाँव करता है प्यार सादगी देखकर, शहर करता है उपलब्धता देखकर. पर देखा है मैने : थोडा घुस रहा है शहर गाँव के भीतर, कोई कर रहा है छेद नाव हे भीतर AC की कमी गिनाता है पीपल की छाँव में, पहिया घुमाई का, बाँध लिया पांव में । गाँव नजरे मिला लेता है पर शहर घूमता है काले चश्मे लगाकर, शहर बीमार होता है दवाओ से (Drugs) गाँव बीमारी में भी खुद को, झिलाता है शहर के घर से लोग खाली हाथ लौटते है गाँव मे लोग बर्तन भी खाली नही लौटातें शहर कहता है मुझको गाँव समझो, यह सुनकर गाँव हँसता हैं, शहर बसा के ढूंढते है गांव को, कुल्हाडी लेकर ढूँढते है छाँव को, अदब का ताज है गिरने लगा, शहर से गाँव है. डरने लगा। कभी घर की ज़मीं बिकने न देगा वो गाँव का बच्चा किस्त भरने लगा है। उसे आखिर अपना लिया शहर ने घुमा कर के बात बताने लगा है न पेड है न छांव है, तुम्हारे शहर से अच्छा तो मेरा गाँव है मेरा गांव है ।

> अंजली सैनी बी.ए. द्वितीय वर्ष





















#### **MY COLLEGE EXPERIENCE**

One of the most memorable periods of a person's life is considered to be their time in college. Speaking of my time in Government College Kharkhara. I was quite nervous when I took admission to this college as all the people were new to me. However, I gradually got into college life, started enjoying it and made some amazing friends. My college is exactly the same as every student dreams off. It provides all facilities to its students & its atmosphere is great. During my college life, I met the best principal and teachers of all time. It was a new experience every day. I got many opportunities to enhance myself not only in studies but in sports & other curriculum activities. Our garden is one of the most beautiful places in our college where we spent countless hours in wintertime. Sometimes, our professors would even take our lectures there when the weather was good. Several program like

Talent Hunt, Spectrum were organized every year, to bring out the hidden talent of students. I had also participated in many competitions like speech, debate, dance, singing, essay writing which were full of fun & excitement and improved my personality. Career counseling program were also organized in my college to help the students. I was a NSS Volunteer in college and NSS camps were regularly organized which helped unite the students & I even got the opportunity to go to the Tunganath Adventure camp which taught me how to face my own challenges in life. So, during the college days, I gained exposure & experience which I would cherish all my life. I loved everything about this college & I can surely say that taking admission in this college was the best decision of my life. I will always hold dear my college memories.

#### TANU B.A.3rd year





## बेटी की विदा

हुआ जब कन्यादान मेरा, मैं किसी ओर की अमानत हो गई मैने पूछा बाबुल से क्या सचमुच मैं पराई हो गई ? . अपने ही घर में अनजान हो गई, दूसरो के घर की पहचान हो गई जिस घर मे पली बढ़ी उस घर में अब मै मेहमान हो गई । स्वार्थ पर टिका है दुनिया में हर रिश्ता, क्यों नही समझते पापा ? मुझे जब ये कहते पराया धन, क्यों आप इन्हे डाटॅते नहीं पापा । ना मै पराई हूं, धन भी नहीं क्यूं आप इन्हें समझाते नहीं? आज विदा हो गई आपकी बेटी पापा, नहीं है जिंदगी आसान आपके बिना पापा।

#### निधि बी.ए. तृतीय वर्ष



## सीखते रहो.....

पहाड़ी से सीखो, ऊँचा बनना। नदियों से सीखो, चलते रहना। जमीन से सीखो, धीरज रखना। पेडो से सीखो, परोपकारी बनना । फूलों से सीखो, गुस्कान बिखेरना। सूरज से सीखो, रोशनी फैलाना । चंद्रमा से सीखो, शांति देना। आसमान से सीखो, शांति देना। आसमान से सीखो, शांति देना। आसमान से सीखो, व्यापक बनना। समुद्र से सीखो, गहरा बनना हवा से सीखो, बहते रहना। आग से सीखो, बहते रहना। बादल से सीखो, उपयोगी बनना। बादल से सीखो, कभी न रुकना जुगनू से सीखो, चमकते रहना

> सोनम बी.ए. तृतीय वर्ष



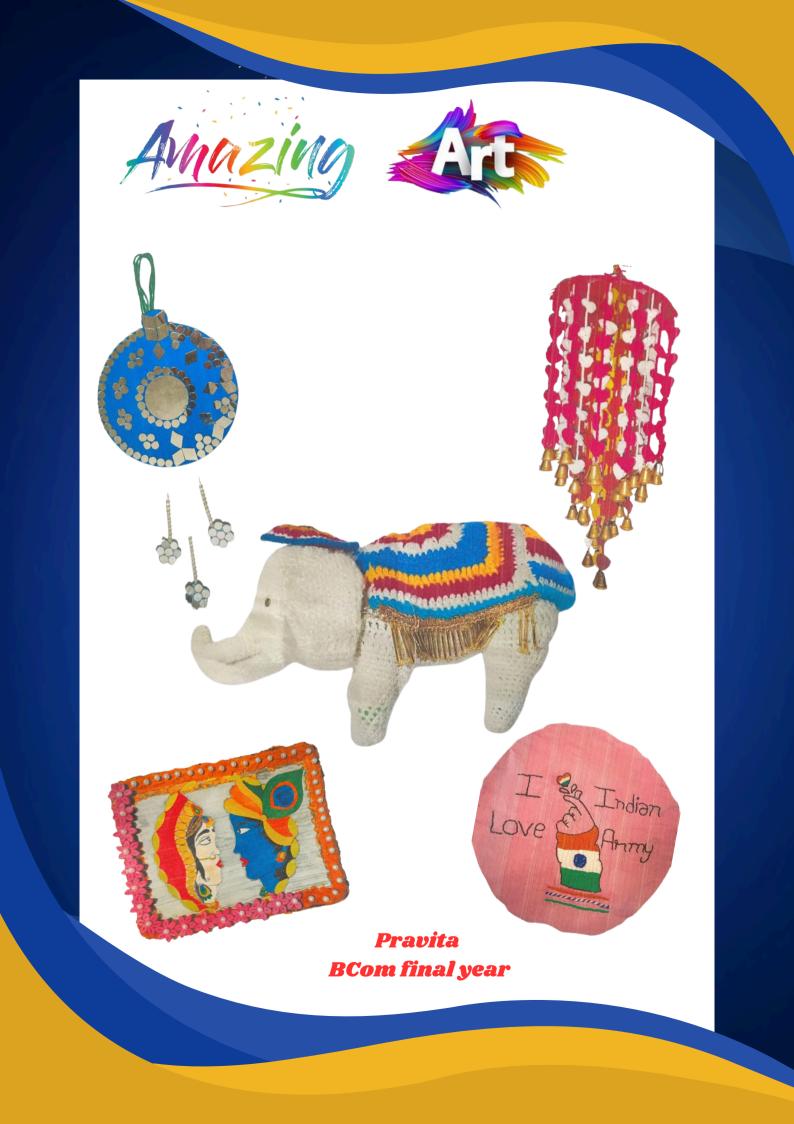


मुठ्ठी में कुछ सपने लेकर, दिल में है अरमान यहीं, कुछ कर जायें, कुछ कर जायें । सूरज सा तेज नहीं मुझमें, दीपक सा जलता देखोगे अपनी हद रोशन करने में, तुम मुझको कब तक रोकोगे ? मैं उस माटी का वृक्ष नहीं, जिसको नदियो ने सींचा है, बन्जर माटीयों में पलकर, मुत्यु से जीवन खींचा है। मैं पत्थर पर लिखी इबादत हूँ, शीशे से कब तक तोडोगे, मिटने वाला में नाम नहीं, तुम मुझको कब तक रोकोगे इस जन्म में जितने जुल्म नहीं, उतने सहने की ताकत है, तानो के भी शोर में रहकर, सच कहने की आदत है। मैं सागर से भी गहरा हूँ, तुम कितने कंकड़ फेकोगे, चुन-2 कर आगे बढ़ूँगा मैं, तुम मुझको कब तक रोकोगे झुक झुक कर सीधा खड़ा हुआ, अब फिर झुकने का शौक नही, अपने ही हाथो रचा स्वयं, तुमसे मिटने का शौक नही, तुम हालातों की भट्टी में, जब भी मुझको झोकोगे, तब तप कर सोना बनूँगा मैं, तुम मुझको कब तक रोकोगे।



बी. एससी प्रथम वर्ष

बिपाशा



# Vibrant Vignettese

